



NMR relaxometry for biomedicine and advanced materials

HORIZON-MSCA-DN-2021 — FC-RELAX 101072758



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FC-RELAX Joint Training Courses and Workshop

16-21 March 2026

Monday 16

*Department of Chemistry, University of Rostock,
Albert-Einstein-Straße 27, 18059 Rostock, Germany*

BR 020

- 9:00-9:10 Welcome
- 9:10-10:30 Anne Strate (UROS)
Introduction into CyFi
- 10:30-11:00 Coffee break*
- 11:00-12:30 Björn Corzilius (UROS)
Solid-state NMR and sensitivity enhancement by dynamic nuclear
polarization
- 12:30-13:30 Lunch break*
- 13:30-15:30 Anne Strate/Henning Schröder (UROS)
Practical: Using CyFi
- 15:30-16:00 Coffee break*
- 16:00-18:00 Björn Corzilius (UROS)
Hands-on dynamic nuclear polarization
- 19:00 Dinner*



**NMR relaxometry for
biomedicine and advanced materials**

Tuesday 17

- 9:00-10:30 Ralf Ludwig (UROS)
Relaxation mechanisms
- 10:30-11:00 Coffee break*
- 11:00-12:30 Dietmar Paschek (UROS)
MD simulations - General Introduction
- 12:30-13:30 Lunch break*
- 13:30-15:30 Dietmar Paschek/Jule Philipp (UROS)
Practical on MD simulations - Starting Jobs
- 15:30-16:00 Coffee break*
- 16:00-18:00 Dietmar Paschek/Jule Philipp (UROS)
Practical on MD simulations - Deriving properties
- 19:00 Dinner*

Wednesday 18

- 9:00-10:30 Thomas Wiegand (MPI, Mülheim and RWTH Aachen University)
NMR Hamiltonians
- 10:30-11:00 Coffee break*
- 11:00-12:30 Thomas Wiegand (MPI, Mülheim and RWTH Aachen University)
Solid-State NMR spectroscopy - Introduction
- 12:30-13:30 Lunch break*
- 14:00-15:30 **COMPLEMENTARY TRAINING COURSE**
Olaf Wolkenhauer (UROS)
How to apply for funding?
- 15:30-16:00 Coffee break*
- 16:00-18:00 Olaf Wolkenhauer (UROS)
How to apply for funding?
- 19:00 Dinner*



**NMR relaxometry for
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Thursday 19

Uni Hauptgebäude,

Hörsaal 218 Aula

Chair: Ralf Ludwig

- 9:00-9:30 Thomas Wiegand (MPI, Mülheim and RWTH Aachen University)
Probing molecular-recognition events by solid-state NMR spectroscopy
- 9:30-10.00 Leonid Grunin (RS)
NMR Relaxation Times as a Measure of Entropy
- 10:00-10:15 Valeriia Baranauskaite (RS)
Molecular mobility, phase composition and thickness of domains in commodity polymers (Polystyrene, Polypropylene and Polyethylene) studied by TD-NMR
- 10:15-10:45 Angelo Galante (UNIVAQ)
Field-cycling NMR relaxometry of MRI contrast agents
- 10:45-11:15 Coffee break*
- Chair: Pedro Sebastiao
- 11:15-11:45 Björn Corzilius (UROS)
Site-specific dynamic nuclear polarization in biomolecular MAS NMR
- 11:45-12:00 Rajka Pejanovic (ENS)
Joint time-frequency WaveNet architecture for signal processing: from the suppression of vibration artifacts to pure-shift spectra in high-resolution relaxometry
- 12:00-12:30 Fabien Ferrage (ENS)
Revealing the effects of inhibitor binding to motions in a protein kinase by ultrafast high-resolution relaxometry
- 12:30-13:30 Lunch break*



**NMR relaxometry for
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Chair: Erkki Lahderanta

13:30-14:00 Michael Vogel (TU Darmstadt)

NMR relaxometry studies of heterogeneous dynamics - challenges and opportunities

14:00-14:30 Lionel Broche (UNIABDN)

tbc

14:30-14:45 Kahinga Kamau (UWM)

Combining spin–lattice and spin–spin relaxation of cholesterol methyl- β -cyclodextrin dynamics

14:45-15:15 Pedro Sebastiao (IST)

OneFit-Engine: Data Analysis and Parameter Error Estimation in Model Fitting

15:15-15:45 Coffee break

Chair: Fabien Ferrage

15:45-16:15 Christian Schröder (Bielefeld University)

From trajectory to spectrum: Molecular dynamics simulations as a quantitative tool for intermolecular NMR

16:15-16:30 Muhammad Muntazir Medhi (IST)

Standardized Data Handling and Multi-Component Model Fitting for FFC-NMR Relaxometry in a Smectic Ionic Liquid Crystal

16:30-16:45 Adam Kubrak (UNIFI)

fiRelax – Novel fitting platform for relaxivity data of paramagnetic systems

16:45-17:00 Denis Burov (STELAR)

Incremental improvement of FFC relaxometer under industrial constraints

17:30-18:30 **FC-RELAX Supervisory Board meeting**

18:30-19:00 **FC-RELAX Steering Board meeting**

19:00 Dinner



**NMR relaxometry for
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Friday 20

Uni Hauptgebäude,

Hörsaal 218 Aula

Chair: Danuta Kruk

9:00-9:30 Dietmar Paschek (UROS)

Computer Simulation of the Frequency Dependent NMR Relaxation in
Liquid Water: Insights, Pitfalls, and Recent Developments

9:30-10.00 Ralf Ludwig (UROS)

Field-cycling NMR relaxometry of ionic liquids: assumptions and
approximations

10:00-10:15 Angel Mary Chiramel Tony (UROS)

A Bottom-Up Approach for Calculating the Frequency-Dependent
Relaxation Rates

10:15-10:45 Erkki Lähderanta (LUT)

Molecular dynamics simulations of NMR relaxation of dendrimers

10:45-11:15 Coffee break

Chair: Angelo Galante

11:15-11:45 Danuta Kruk (UWM)

What you need to know to analyze NMR relaxometry data: The
minimum package

11:45-12:00 Mamoona Riffat (LUT)

Effect of SDS and PVP on Aggregation and Stability of γ -Al₂O₃ Colloids

12:00-12:30 Giacomo Parigi (UNIFI)

Boosting Water Proton Relaxivity with Gd-Hydrogels and Bio-
functionalized Agents

12:30-13:30 Lunch break

Chair: Giacomo Parigi

13:30-14:00 Céline Henoumont (UMONS)

Development of micellar MRI contrast agents based on Manganese



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- 14:00-14:30 Zsolt Baranyai (BRACCO)
Digadoglutitol: A New High Relaxivity MRI Contrast Agent Based on
the Dimerization of [Gd(HP-DO3A)] and Activated Intramolecular
Catalysis of the Prototropic Exchange
- 14:30-14:45 Guru Kiran Kadanuru Rajashekar (UMONS)
Manganese Complexes: Synthesis, Relaxometric Characterization, and
Silica Nanoparticle Encapsulation
- 14:45-15:00 Madalina Ranga (BRACCO)
NDA: Novel DiaCEST Agent with Strongly Shifted Exchanging
Protons
- 15:15 *Excursion to Warnemünde (beach), local history museum, Dinner*

Saturday 21

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BR 020

- 9:00-10:30 **COMPLEMENTARY TRAINING COURSE**
Zentrum für Entrepreneurship (UROS)
Create Business plans
- 10:30-11:00 *Coffee break*
- 11:00-12:30 Zentrum für Entrepreneurship (UROS)
Create Business plans
- 12:30-14:00 *Lunch*